



KAJAKS
TRACK & FIELD CLUB

Halloween Fun Run

hosted by
Kajaks Track and Field Club

Wednesday, October 16th



Join other local elementary runners for a fun ***Cross Country Run*** on Wednesday, October 16th at **Garry Point Park**.

Run **1.6km** and leap over **hay bales**. When you cross the finish line you will be rewarded with **CANDY!!!** This is a fun run in preparation for the District Cross Country meet the following week so no ribbons will be awarded.

Time:

Grades 3 and 4 students: 3:15pm

Grades 5, 6, and 7 students: 3:30pm

No registration needed... just show up ready to run.

Stay after your race and cheer on the **high school runners** as they race at the **Richmond Championship Cross Country meet**.