

# PREVENT MEASLES



**Measles cases are rising worldwide.**



**Check your immunization records and make sure your family is protected against measles, especially if travelling.**

Children need 2 doses of the measles, mumps, rubella (MMR) vaccine:

- **1st dose: 12 months** • **2nd dose: 4-6 years**

Babies and young children travelling outside Canada may need to get their 1st or 2nd dose early.



**Anyone born in 1970 or later should ensure they've had 2 doses of the measles vaccine.**



**For more information:**

- Talk to your health care provider
- Visit [immunizebc.ca/mmr](https://immunizebc.ca/mmr)



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