

*Quilchena Elementary*  
*School District #38*  
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Principal: Nichole Kusch    Administrative Asst.: Sue Hughes    School Liaison Trustee: Donna Sargent

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## Quilchena Community

**The Week Ahead ~ June 12<sup>th</sup> – June 16<sup>th</sup>**

**We invite families to visit the School Calendar on our website: <https://quilchena.sd38.bc.ca/> for all of our future notable dates and events. Simply click on the 'event' for more details.**

*June – National Indigenous History Month*

*June 13 – Beach Day*

*June 14 – PAC Food Day*

*June 15 – Immunizations (Gr.K, 1 & 6)*

*June 16 - Gr.7 Farewell Fundraiser Freezie Sale*



Well, the weather held off enough for us to enjoy an eventful Cyclone Day! It was a day filled with cheering, jumping, hopping and running as our students rotated through 8 stations and we ended our day with the famous tug-o-war challenges. It was lovely to see all the family members come be part of the day and we wish you all a wonderful weekend Cyclones.

### In Other Quilchena News:

**Summer Active Pass:** Details about the \$29 Summer Active Pass are available in the attached flyer, an unlimited pass for ages 5 – 18 to participate in select drop-in activities including swimming, skating, pitch & putt golf, fitness centres, and group fitness (valid June 10 – September 4).



**Gr. 7 Farewell Fundraising:** We will be having our last Freezie Sale on June 16<sup>th</sup> to support our upcoming Grade 7 Farewell. Freezies are \$2 each and will be at lunchtime. Thank you to the Gr. 7 Farewell Parent Committee and to the Grade 7 students for organizing and helping.



**Late Return:** School restarts on Tuesday, September 5<sup>th</sup> and we hope to see everyone on this date. Should extenuating circumstances prevent your child from attending the first day of school, please complete the attached form along with a written explanation of why your child's return to school will be delayed, send these to Mrs. Kusch. It is the expectation that all students will be in attendance by Wednesday, September 13<sup>th</sup>. Failure to do so may result in your child losing their placement at Quilchena and they may have to attend another school upon their late return.

**ParticipACTION Community Better Challenge (June 1-30):** Make Richmond Canada's most active community! Calling all families, friend and neighbours to get active and have fun. Go for a walk on a trail or in a park, participate in a fitness class, splash around with friends at the pool, bike, golf, take a fitness class, workout in the gym, play tennis or pickleball to get active and win prizes! The rules of the challenge are simple and can be found at [www.richmond.ca/participACTION](http://www.richmond.ca/participACTION).

**Join the ParticipACTION Community Challenge June 1 – 30**  
**Together we move!**

The ParticipACTION Community Challenge is a fun, free, nationwide initiative that rallies communities to get active. Open to individuals, groups, schools, and businesses, participants can easily track their activities in the month of June through the ParticipACTION mobile app or website. Whether you like to walk, dance, cycle, lift weights, or spend time in the garden, every minute counts!

Registration is easy. Simply download the ParticipACTION app through the Apple or Google Play Store and sign-up for the Community Challenge using your Richmond postal code. Each time you track your activity minutes, you not only improve your health and wellness, you contribute to the health of your community and bring Richmond even closer to being crowned Canada's Most Active Community.

Learn more at [www.participACTION.com/programs/community-challenge](http://www.participACTION.com/programs/community-challenge).  
 Thank you for your participation.







**PAC News:**



**Upcoming Food Days:** June 14 Subway



Our two current PAC roles of *Fundraising Coordinator* and *Food Days Coordinator* will need filling in the 2024/2025 school year. If you are interested in either of these roles, would like to learn more, or would like to "shadow" one of these roles in the 2023/2024 school year, please contact Lana at [quilchenafundraising@gmail.com](mailto:quilchenafundraising@gmail.com)

***A Peek Into Our Cyclone Day***

