



*Learning, Caring, and
Growing together*

Sherry Elwood - Superintendent
Lynn Archer - Area Superintendent
Kirsten Wallace - Principal
Carly Spence - Admin. Assistant

Important Dates

October 17 - FSA Administration begins
October 18 - Cross Country Run - change of location - Garry Point
October 18 - Family Photo Night
October 19 - Shake Out - Earthquake drill #1
October 20 - Pro-D - No school
October 26 - PAC meeting - Open Gym and K babysitting
October 27 - Sharing Assembly
October 27 - Hot Food Day
October 31 - Costume Parade
October 31 - Pumpkin Carving
November 6 - Code Red Drill
November 9 - Peace Assembly 1 pm
November 13 - Remembrance Day Holiday

Autumn Weather...

Dear Parents,

The weather has been spectacular with the exception of a few rainy days. Fresh air is so important for our students, therefore, unless it is pouring with rain, students will most likely head outside everyday at recess and lunch. Please ensure your child comes to school with weather appropriate clothing. We recommend keeping a pair of indoor shoes at school or in your child's backpack.

Mrs. Wallace

Open Gym on PAC Nights

Open gym nights have returned. Thanks to West Richmond Community center for providing a play leader to lead games for students in grade 1 - 7 whose parents are attending the PAC meeting. Our next PAC meeting is Thursday, October 26th, in room 4. We hope to see you there.

Pumpkin Carving

On Tuesday, October 31st, students are welcome to wear costumes to school. We will have a costume parade in the afternoon, just before our pumpkin carving. A reminder that costumes accessories that include weapons are not to be at school. Please leave guns, knives, swords, light sabres at home, thank you.

No School Mark Your Calendars

October 20 Pro-D

November 13 Remembrance
Day

November 24

Curriculum Implementation
Day

We ask all students to bring a pumpkin to carve. Please cut off the top or bottom and scrape out the guts. When you cut out the bottom you can easily add a candle or light underneath. Please have your child bring the pumpkin to school on October 31st.

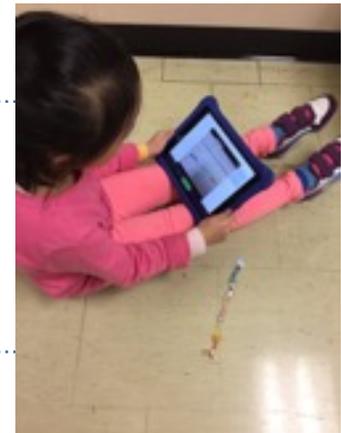


Halloween Safety

Halloween is a fun night with family and community. However, it is important that we remind our children about safety on Halloween. It gets dark very early so please ensure that your children wear reflective costumes or are wearing lights. Glow in the dark bracelets and necklaces can be incorporated into costumes or reflective tape can add a different dimension to costumes. Consider trick or treating with a group of friends or attending one of many community events.

Sharing Assembly Friday, October 27, 9 am

Please join us as students share their amazing learning. We will also have special guests from our Richmond Sockeyes Junior B hockey team joining our assembly. All parents are welcome to join our assembly.



Skating

Thanks to our industrious PAC for supporting two school wide skating trips on Nov. 15, from 9 - 12 and on December 1, from 9 - 12. Stay tuned for more information.



PAC Meeting - Thursday, October 27th

All parents at Quilchena are part of our PAC. Please come out and see how you can support our school this Thursday, October 27th, 6:30pm in room 4. Babysitting is available.



Here is one look at our inquiry into stories - by Division 4.

We are working with the understanding that *"Indigenous knowledge is passed down from generations through oral history, traditions and collective memory"*.

Traditionally, Indigenous practice is to create a 'Beaded Timeline' of personal stories and significant life events. Each bead represents an important moment, experience, memory or growth along someone's life journey. The purpose of these beaded timeline stories is for them to be added to and shared orally for many generations.

Here are ours. Our beginnings.

FIRST PEOPLES PRINCIPLES
OF LEARNING
B E A D E D
T I M E L I N E S S
SHARING OUR STORIES



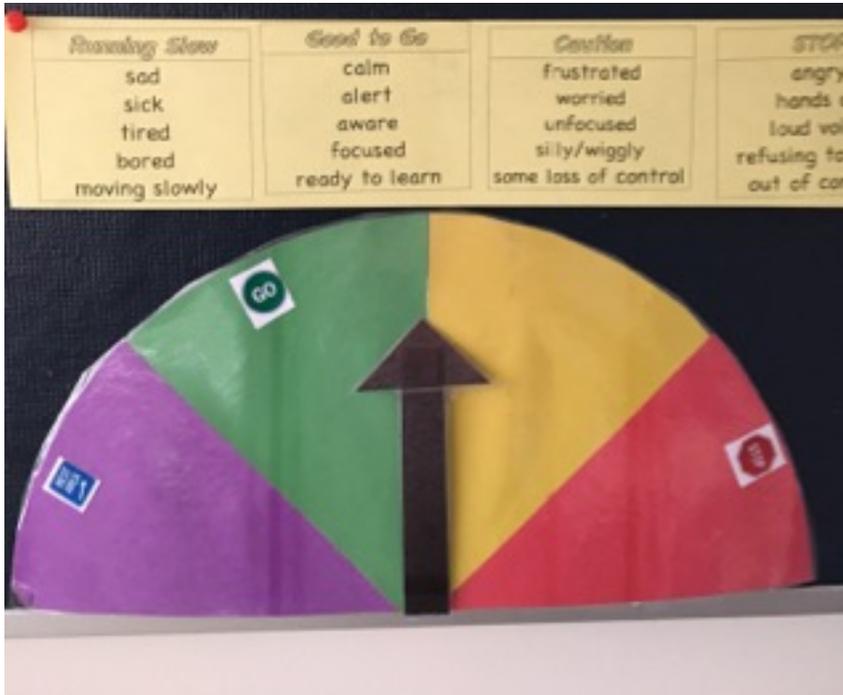
First Peoples Principles of Learning

Ms. Cramer, Mrs. Simpson and Ms. Davis have been collaborating together and teaching our students about Beaded Timelines. Together, the students are learning that knowledge is passed down from generations through oral history, traditions and collective memory. Check out the displays in the hallway outside the gym.

Zones of Regulation

Our staff collaborate and work together as learners. Currently, our staff is curious about self regulation or the ability to regulate one's body so it is ready for learning. Students are learning about Zones of Regulation. Students look at the chart and then self assess where

they are on the chart and then choose a strategy or tool to help them either up regulate or down regulate. Dr. Stuart Shankar has written many books and articles on the topic of self regulation and learning. Two books our team recommends to parents are Calm, Alert and Learning and Self Reg How to Help Your Child (and You) Break the Stress Cycle and Successfully Engage with Life, both books can be found at Indigo indigochapters.com or amazon.ca



The Zones of Regulation visual is displayed in most classrooms. Students are learning to see the zones and to articulate where they are and what strategies they might need to do to be ready for learning.

Peace Assembly Nov. 9th 1 pm

Ms. Ho and Ms. Khoo are busy preparing our students for our Remembrance Day Assembly on Thursday, Nov. 9th at 1 pm. Parents and Guardians and extended family are welcome to join our assembly as we remember those who have fallen and think about peace in today's world.

