

## Quilchena Elementary School District #38

3760 Moresby Drive, Richmond, B.C. V7C 4G6

Tel: 604 668 6224 Email: quilchena@sd38.bc.ca Twitter: @QuilchenaC

Principal: Nichole Kusch Administrative Asst. Sue Hughes School Liaison Trustee: David Yang



## **Quilchena Community**

The Week Ahead ~ March 4th - March 8th

### **Quilchena Community**

We invite families to visit the School Calendar for all our future notable dates and events.

March 3 – Last Day to Order Pizza For Movie Night

March 4 – PAC Hot Lunch Day – Taco Day

March 4 – Fire Drill

March 4-6 – Hugh Boyd Gr.6/7 Feeder Basketball Tournament

March 5 - Gr 7 Farewell Committee Meeting 7:30pm (virtual on Teams)

March 7 – Author Visit – Divisions 1-4

March 7 – Spirit Day – Rainbow Day

March 8 – Maha Shivaratri

March 8 - First Day of Hip Hop Lessons

March 8 – Krispy Kreme Fundraiser Donut Pick Up (after school)

March 8 – Movie Night (5:30pm-7pm)

March 8 – Term 3 PAC Food Day Ordering Opens

February 28<sup>th</sup> is a day to recognize Pink Shirt Day. All students and staff at Quilchena participated in discussions and activities throughout the week that honoured diversity and inclusion. This was an opportunity to remind us of and focus on working together to treat everyone with respect and to accept differences, not just on Pink Shirt Day, but every day. Today our diversity is becoming more visible than ever as people continue to embrace their cultures, identities, and true selves in more open and direct ways; making the need to Lift Each Other Up and have greater acceptance, respect, and inclusion for everyone. I am very proud of our Quilchena students as we continue to embrace and build a connected, inclusive community. As we enter March and our final couple of weeks before Spring Break, there are many school activities planned to finish off Term Two. Please keep up to date by checking our school website and calendar. Enjoy your weekend Cyclones and see you all Monday!

### In Other Quilchena News:



Maha Shirvaratri: Maha Shivaratri is a Hindu festival celebrated annually in honour of the god Shiva. The name also refers to the night when Shiva performs the heavenly dance called Tandava. In every month of the luni-solar Hindu calendar, there is a Shivaratri – "night of Shiva" – on the day before new moon. Unlike most Hindu festivals which are celebrated during the day, the Maha Shivaratri is celebrated at night.

Just B4 Preschool: Children born in 2020 are eligible for the September intake of SD38's Preschool Program. Registration opens the first week of March. Please see the attachment for more details.





<u>City of Richmond – Play Streets in Richmond:</u> Please see the attached flyer about three upcoming Play Streets events in March. A Play Street is an event where a neighbourhood street is temporarily closed to create a safe, open space for children to play together. All are invited to these free events, hosted by the City of Richmond and Society for Children and Youth of BC.

<u>Try Softball (for Families with kids ages 6-13):</u> Session aligns with the BC Physical and Health Education (PHE) curriculum by fostering physical literacy and encouraging personal and social responsibility. This one-day event (Monday, March 4<sup>th</sup>) provides a direct application of PHE skills, promoting lifelong physical activity and teamwork, which are vital for a healthy lifestyle. More information attached.





<u>Ouilchena's New Grab & Go Fridge</u>: We are excited to let the community know that we have a snack fridge at Quilchena, called the "Grab and Go Fridge." This fridge was funded through the Ministry of Education Feeding Futures Program. Students can access food in the fridge when they need a nutritious snack to help them get through the day. We know that healthy minds and bodies begin with fresh quality food. The fridge will be stocked with food delivered by the Richmond Food Bank and Fire Fighters, and we are grateful for their support!

These past weeks, teachers and staff have been working with students to understand the purpose for the fridge, as well as the difference between a want and a need (please see information on next page). We know that, in the beginning, students will find the fridge a bit of a novelty and may use it more than needed. We are okay with this, but in the weeks ahead, our goal would be to have students access the fridge when needed and encouraging them to make responsible decisions. This will help ensure that there is enough food for when students need it.

#### PAC News:











**Krispy Kreme Sale**: Thank you to those who ordered Krispy Kreme donuts for our library renovation fundraiser. Your donuts will be available for pick-up after school on Friday, March 8<sup>th</sup> from 2:45-3:15pm at the outside gym doors. If you can help, please sign up to volunteer HERE.





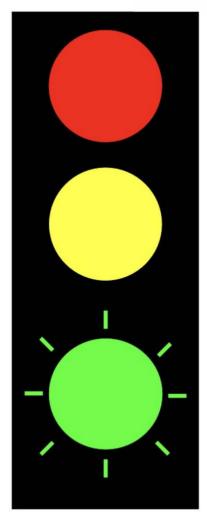
<u>Movie Night:</u> Our PAC Movie Night fundraiser is planned for Friday, March 8th! Enjoy watching *Migration* with pizza and popcorn with your family! All funds raised will contribute towards our Quilchena library renovation. Pizza ordering is now live, you can place your order on the Hot Lunch <u>WEBSITE</u>. *Ordering closes on March 3<sup>rd</sup> at 9pm*. If you are available to volunteer to help on Movie Night, please sign up HERE.

Questions? Lana at quilchenafundraising@gmail.com

Tax deductible donations can also be made to the school in support of our Library renovation. Please click HERE

## Our Grab and Go Snacks -What Do We Need to be Mindful Of?









Be Careful Behaviour

Approaching Expectations

- I'd rather have this snack than what I have with me
- I am taking more than what I need
- I don't need to pack a snack because there is one at school



- I didn't eat breakfast
- I forgot my snack
- I dropped or lost my snack
- I'm hungry and a snack will help me learn and feel better
- I need a snack to take home
- I am getting a snack for a friend who needs one

# A Peek Into Our School-Wide Skate & Pink Day

















